

ACCOUNT

OF THE

VIRTUES and METHOD

Of Taking the

HOLT-WATER

Discovered at *Holt* in the Parish of *Bradford*, some Years ago, with a Relation of the Wonderful Cures it has perform'd round the Country, in several Virulent Distempers; approv'd of by the best Physicians, and Recommended for its Excellent Qualities to all Mankind.

To be Sold at the *Green Land* in *swallow-street* *Piccadilly* overagainst the *Sadlers-Arms*, Pure and in its full perfection, the Person who sells it being at the Charge of bringing it up every Week, so that it Operates as well and Effectually as at the **WELL**.

Note. The Bottles are Seal'd thus, *The Holt-Water from Grace Harding at the Old-Well.*

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ANNALS

OF THE

REPUBLIC OF THE UNITED STATES

OF AMERICA

FROM 1789 TO 1899

THE ANNALS OF THE UNITED STATES
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CONTAINING
A HISTORY OF THE
COUNTRY
AND
A HISTORY OF THE
PEOPLE

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THE
INTRODUCTION
TO THE
READER.

AS to this Mineral Water at HOLT,
the knowing part of the World
are no Strangers to it; some of the
Mineral or Earth it passes through,
having been sent up to be Examin'd,
and a small Book wrote at HOLT
and dispers'd to make known its per-
fections; Therefore, I shall Treat no
more

4 An INTRODUCTION &c.

more upon it than is Absolutely Necessary, for those who are Ignorant of it, or are not in a Compacity to have it prescrib'd; such may help themselves, by comparing my Account of its Virtues with their own Distemper, and to such only, I shall prescribe the Quantity to be Taken, the Physicians being the best Judges of that, when call'd in; but those who cannot have the Happiness, must be guided by this small Treatise, as in any thing so generally Useful to Mankind, it is a Duty to Write for the Poor as well as the Rich.





T H E

V I R T U E S o f

The H O L T W A T E R &c.



AS it is not to be doubted but this Water, like all other Medicinal Waters, owes its Virtues to some Mineral which it washes off the Soil it runs thro', so the Mineral with which it is chiefly impregnated seems to be of an aluminous kind; for with Spirit of Urine it immediately turns to a White Milky Colour, but meeting with something of a Metallick Nature, most probably Iron or Steel, in the Bowels of the Earth, it receives from thence a Vitriolick Tincture, and when the Springs are low, will with Powder of Galls tinge a Red Colour inclining to Purple: And with Mineral mixtures it seems to be plentifully stor'd, for a Gallon of it upon Evaporation yeilds

yeilds above two Drachms of Salt; which a Dr Guideor, who examin'd it near Thirty years ago, observ'd seems to be of a mixt Nature, or a *Sal sui generis*, a peculiar Salt, not reducible to any distinct Class:

This Water thus ~~is~~ ^{is} strength'd with the active parts of those mineral Bodies must needs be an Excellent Remedy in many Chronical Cases. It is Experimentally found to be admirably good in the *Scurvy*, *Kings-Evil* and all Scrophulous and Scorbutick Humours, and is excellent in the healing *Old Ulcers* and *Running Sores*. It has been us'd with good success in the *Rheumatism*, incipient *Cancers* and *Schirous Tumours* of the Breast, its good against *Inflammations* and *Fluxions* in the Eyes, some have found Benefit by it in the *Leucorrhoea*, *Fistula* and loss of Appetite, provokes Urine, and purges by Stool, and is of a Cleansing, attenuating and opening Nature. As Experience is by all acknowledged to be the most Satisfactory proof, so this Water experimentally found to be of Excellent Use in all the foregoing Cases: To explain Philosophically how it Operates on the peccant Humours, is not the design of this Paper, but that it does so, is evident in the particular Cases following;

1st. In the *Scurvy*, which strictly speaking consists in a too saline state of the Blood, its symptoms are frequent Pains all over the Body, Red spots and Eruptions in the skin, caus'd by the salt particles of the Blood, being thrown upon the Nervory parts; and the Capillaries being Obstructed by sharp and Acrimonious Juices: Now this Water drank for a considerable Time washes off the acid salts from the stomach and intestines, which are the primary Cause of this Disease and Evacuates them by their proper Out-let, the Kidneys, and by diluting the Blood corrects its Fermentations; and if attended by a regular Diet and a moderate Exercise, will in obstinate Cases, with few proper Medicines, so sweeten the Blood and all the Juices of the Body, as Totally to eradicate this Distemper; and for the same reason, is of Excellent Use.

2. In the *King's-Evil*, which is the height of a Scorbutick Constitution, for taken inwardly, it washes off those Malignant Salts from the Mesenterick Glands, and outwardly cleanses all Scrophulous Ulcerations; it insinuates itself into the inmost recesses of the Body, attenuating the Fæculent Juices, and rendering the Nautious Humours which erode the Parts more fluid, and thereby fits 'em to pass off by their proper Emunctories and on the same Account is exceeding good against;

3. All Old *Ulcers* and *Running Sores*, and other Defædations of the skin; for penetrating into the smallest Vessels, it wears away the Cause and Principles of *Ulcerations*: Diluting and Precipitating the Salts of the Blood which pour thro', and Deform the skin, and carries them entirely out of the Body by Urine: and by frequent Application washes away the filth of any *Ulcerous* eruption, and where here is any fail of Relief in any of the above-mention'd Cases, 'tis chiefly because the won't allow Time for their Cure, or turn Negligent or don't conform to a regular Diet, and Temperate course of Life, which is absolutely Necessary, especially in Inveterate and Hereditary Distempers: 'Tis likewise very Successful

4. In the beginning of *Ulcers*, and *Schirrous Tumours* of the Breast; for it thins the Blood allays its Fervour, and Cools the adust Humours; breaks thro' the Glandular Obstructions, scours the Fibres, and all the Minute Pipes and Passages: And tho' Chyrurgeons say that a true confirm'd *Cancer* is never Cur'd yet 'tis remarkable, and not Improper to mention'd here, what Dr. *Baynard* relates in his History of Cold-bathing of one Mrs. *Bolton* who had a Tumour in her Breast, and at last Exulcerated, and was suppos'd by very Eminent Surgeons to be an Incurable Cancer yet by

Drinking

Drinking a Purging Mineral, and washing the affected parts therewith was entirely Cleans'd from her unhappy Ailment;

5. In the Chronical *Rheumatism*, 'tis very Serviceable, which as Dr. *Sydenham* Observes, proceeds from an Inflammation; for this Water Temporetes the Blood and by its Deterfive properties breaks its Viscidities, thinning the *Sizy serum*, and so fits it to pass off by perspiration and the other drains of the Body.

6. In the *Leprosy* and other Cutaneous foulnesses, it Corrects and Dissolves the Alkalious Salt of the Blood, and washes away those Acrimonious Humours which Corrode the Capillary Vessels; but it must be continued to answer an Intention of Moment; and probably, Bathing the Body all over in this Water might be very Efficacious in not Curing only this but several other Cutaneous Distempers.

7. In Inflammations and Fluxions of the Eyes when peccant Humours have found vent by the Ocular Glands, 'tis not an easy matter to Reach 'em, but this Water by continual Use enters into the finest Capillary Vessels, washes off the Salts and by its Diuretick Quality precipitates 'em thro' the Kidneys, and being outwardly applied, cools the Inflamed Parts, cleanses and repels the Morbifick Humours into the Circulating Fluid, where the Mineral particles

ticles meet 'em and turn 'em out of the Body by their proper Out-let.

8. 'Tis a Sovereign Remedy in the *Jaundice*, which it Cures by thinning the Bile, and cleansing the Billous Passages: Opening all Obstructions in the Mesentary, Spleen, Liver, or Habit of the Body, procuring a free Circulation of the Blood, thro' the minutest Canals, and Excretory Vessels:

9. This Water, in loss of Appetite, when the Menstruum in the stomach is depriv'd by any Viscous, sharp, or sower Juice, or if its Membranes be relaxated, by its Absterfive Virtues restores Nature; for it cleanses and strengthens the stomach, braces its Fibres and draws up its Membranes to a due Tensity, and thereby helps it to retain and digest whatever it Receives: In short, it dissolves the whole Texture of the Blood and Humours, enabling Nature to throw off what offers her thro' the Common Emunctories, the Viscous particles by Perspiration and stool, and the saline by Moderate Sweat and Urine: As I've enquir'd into the Nature and Original of this Water, describing its Virtual and sanative effects in particular Cases, so now I come to give some remarkable Instances of persons, who have been Cur'd of the aforesaid Distempers by this Medicinal Water:

1. SCURVY. *Eliz. Roberts*, of *King's-wood* near *Bristol*. *Thomas Elliot* of *Turley* in *Wiltshire*. *Thomas Wimbball* of *King's-wood* in the same County, with several others whose Names are designedly conceal'd:

2. KING's-EVIL. *Eliz. Patten* of *Holt*. *Anthony Rose* of *Bradford*, afflicted with this Distemper Seventeen Years, and had no less than Twelve Wounds in his Arm, whence preceeded more than Forty Splinters of the Bone, which was Carious: *Thomas Cater* of *Holt*, perfectly Cur'd by this Water of Three Putrid Running Ulcers, without any other Medical Assistance: *John Barnes* of *Roads*, in the County of *Sommerfet* Cur'd in six Weeks: *James Harkness* of the Parish of *Hilsmorton* in the County of *Annaddale* in *Scotland*, many Years Afflicted with 22 foresor Ulcers in several parts of his Body, and after an ineffectual trial of other means for Relief. was entirely Cur'd by this Water: — Wife of *William Trayman* of *Laycock*. — Daughter of *Nicholas Miles* of *Brook*, *Charles Read* of *Calne*, *John Hunt* and *Sarah Taylor* of *Hankeridge* in the Parish of *Westbury*, all in the County of *Wilts*, — Daughter of *Elinor Harding* of *King's-wood*, near *Bristol*, *Hannah* and *Sarah Parker*, Daughters of *George Parker* of *Tedbury* in the County of *Gloucester*: *Margaret Wood* of *Bristol*

Bristol. Palmer Wheal of Standlake in Oxfordshire. Mrs. Keate of Abingdon, all Cur'd of the KING's-EVIL.

3. **ULCERS and RUNNING SORES.**
Grace Pockridge of Road Com. Sommerfet, Cur'd of an Old Ulcer of 26 Years standing. John Waller of Litton in the same County. Grace May of Bradford, Thomas Hiscock of Melksham. — Wife of Edward Moor of Melksham. — Wife of Benjamin Stephens of Trowbridge. Avis Cottle of Monkton-Farleigh in the County of Wilts. William Cook of Digby in Lincolnshire. John May of Worley near Bath. Mary Jennings of Melksham. Mary Amer of Broomham Com. Wilts. Ellis Osbalfone of Windborn St. Giles's in Dorsetshire. Mary Gay of Kirgton St. Michaels near Chippenham Com. Wilts. William Terbury of Orchardly near Froom in Sommerfetshire, had the Head of his Shoulder bone broke by a Waggon-wheel, so that it grew Carious and very Painful with Divers Wounds, and after successless Application to a great many Chyrurgeons, was (like all the foregoing Persons) after Five Years suffering Cur'd by this Water. Robert Ithel of Charlfield near VVarwick in the County of Gloucester perfectly heal'd.

Rheumatisms

4. RHEUMATISMS: *Elinor Mitchel* of
Margaret Woods of *London*. *Thomas*
Grupp of — in *Shropshire*. *William Smith*
of Tedbury in *Gloucestershire*; all Cur'd by the
 Use of this Water.

5. CANCERS: *Jane White* of *Bitton* in
Gloucestershire: — Wife of *Thomas Nichol-*
las of *West-Harptree* Com. *Somerset*. *George*
Gold of *Chippenham*. *Mrs. Ann Powel* of *Brad-*
ford, all Cur'd by this Water.

6. LEPROSY: A Child of *Edward Ed-*
mins of the *Devizes*, *John Pricker* of *Corsham*.

7. INFLAMATIONS and FLUKI-
 LNS in the Eyes. *Henry Greenaway* of *Broad-*
Henton in Com. *Wilt*; troubled with Sore
 Eyes Eleven Years, and was cur'd by this
 Water in six Weeks Time: To those might
 be Added many other Instances under each
 Head, if care had been taken, either to have
 enter'd down the Names of such as receiv'd
 Benefit from the the Use of this Water, or to
 have Recorded the different Cures perform'd
 hereby; and had not Numbers desir'd not to
 be made publick, the List had been much lar-
 ger and more tull upon all the Heads than it
 now is; however, such as are here publish'd
 may satisfye the World of the singular Virtue
 and Wonderful Effects of this Water in all the
 premention'd Distempers; and I doubt not
 but

but most People will be induc'd, who are Afflicted with the said Illness, to have recourse to this Sovereign Remedy, as being a Safe, Pleasant, and (thro' God's Blessing) a Speedy Cure: And a few Observations may be of Use here, to such as intend a Benefit from the Waters, in the Time and Manner of Drinking and Using them; and tho' they may be safely Drank at any Time, yet I would recommend the Morning as most proper, between the Hours of Six and Ten, that they may have Time to pass out of the Stomach before Dinner, and in the Afternoon, about Four Hours after Dinner, when the Stomach has digested and discharg'd its Contents:

They may be Drank also as common Drink at or before Meals: As to the Quantity to be Drank, 'tis impossible to lay down a General Rule, for every one must adjust this to their Constitutions and it must be varied according to the Age, Strength and Constitution of the Patient; but generally speaking, Three Pints I take to be Sufficient for the whole day in any Distemper; viz. A Pint or a Pint and a half in the Morning, the rest at the most convenient Times of the Day; and a Glass going to Bed; for the best Method of Drinking 'em, is by small Quantities, frequently repeated, and at proper Times, which is confirm'd by what

Dr

Dr. Keil has asserted in his *Medicis Physical Essay*, viz. That the best and quickest way of altering the whole Mass of Blood by Mineral Waters is, by small and frequent Draughts, and 'tis Dr. Cheynies Opinion, that large Doses serve only to distend and relax the Stomach; and therefore the Quantity to be Taken at a Time, must depend on the Judgment of the Patient, for weak Nerves and Stomachs: In Winter it won't be improper to warm it and just take off the cold in the Scurvy, Kings-Evil, Leprosy, Cancers Sore Eyes and other Ulcers, the Waters must not only be Drank inwardly, but the Tumour or Wound often wash'd with them, and wet cloths frequently apply'd; all Violences by heating the Blood, are injurious at the Time of Drinking them, and are Impediments sufficient to prevent their Effect: High Sawces and strong Meats must be avoided, but more boild than Roast; and those of the easiest Digestion; and as those Waters Naturally cause Appetite, you must curb the Indulgence of it, least it should hinder their Oppeaation: All Fiery Spirituous Liquors, Malt Drinks, or Drams of any kind must be refus'd; but Wine and Water chiefly is the Liquor I advise: For the Spirits must be Absolutely Refresh'd and kept up
once

once or twice a Day; all Hot Meats season
high Inflame the Blood, and give not Nature
her full play to throw off the Distemper: For
sufficiency best supports Nature, and more will
hurt it. I doubt not but all who try, will
soon find the unparallel'd Virtues of these Wa-
ters, in all Distempers here mention'd, few or
none ever failing of a Cure who had patience
to persist; but none ought to Drink 'em less
than two or three Months, and in some Cases
six or more by Intervals at Spring and Fall.

N. B. At the same place is sold, The
Royal Cordial Tincture, for all sorts of Cholicks
never before Published, and sold only by the
Maker, for fear of Counterfeits, Seal'd with
the Three Flower-de-luces.

F I N I S.



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